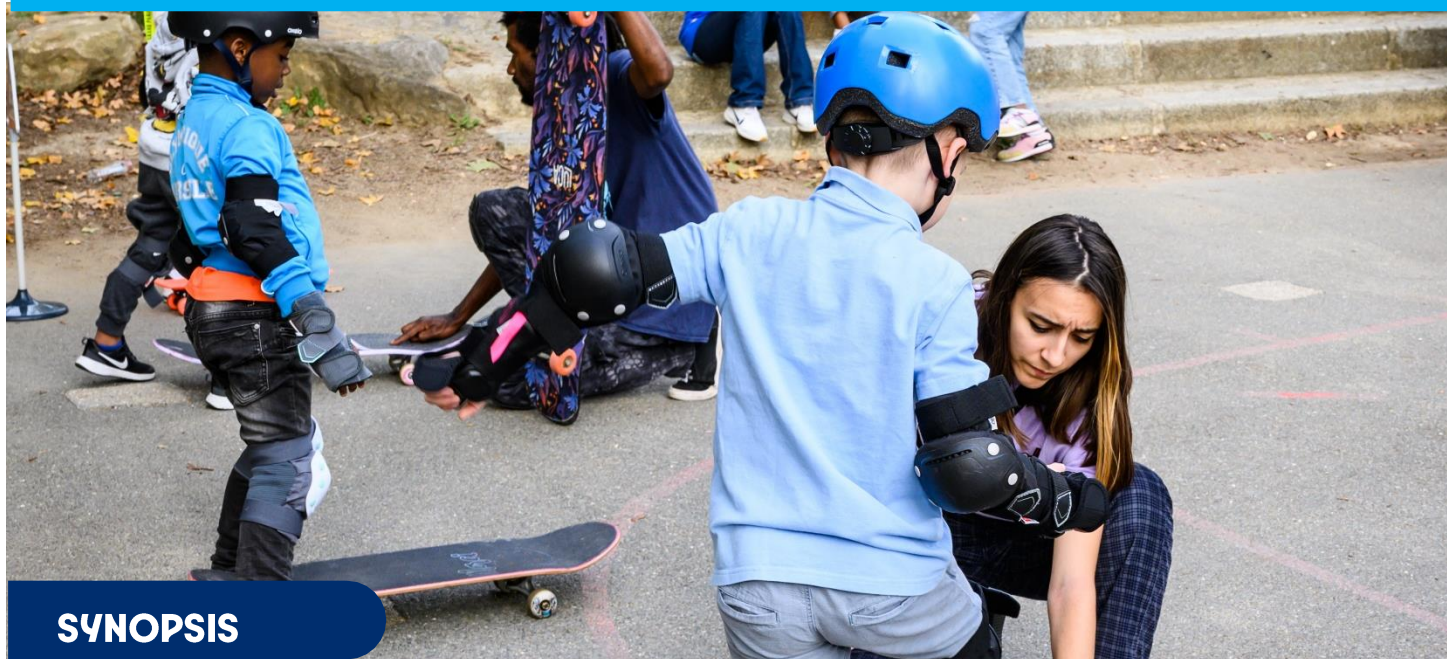


BY BIKE, ON FOOT, BY SKATEBOARD, ON ROLLER SKATES, PLAINE COMMUNE IN SOFT MOBILITIES

HASHTAGS

Soft mobilities, bicycle, skateboard, walking, hiking, roller skates, innovation, bike paths, trails



SYNOPSIS

Everyone in the Saddle! Plaine Commune boasts over 250 kilometers of cycling routes, but it's still necessary to get in the saddle... For the past 5 years, the Seine-Saint-Denis section of the French Union of Secular Physical Education Works (UFOLEP 93) has been running workshops to help women from the priority neighborhood of Franc-Moisin get back on their feet. This scheme, in the spirit of "Cycling Towards 2024," offered free training sessions from autumn 2022 to spring 2024 to promote cycling in the area.

Rolling Smoothly with Atmosgear. Dionysian Mohamed Soliman plans to use the 2024 Games as a showcase for his electric roller skates. A project conceived since he was 13, this 26-year-old engineer, who bears a striking resemblance to Professor Calculus, imagined the first electrically assisted roller skates powered by the skater's movements. He is now commercializing this venture through his startup Atmosgear. Winners of the Talents 2024 competition, a contest launched by Paris 2024 to encourage budding entrepreneurs, the young inventor will be present at the Games Park in La Courneuve for demonstrations.

The Best Way to Move Forward is to Walk. This is proven by the 32 clubs in Seine-Saint-Denis affiliated with the French Hiking Federation through its 93rd Committee (CRDP 93). In the lead-up to the 2024 Games, the CRDP 93 participated in The Great Hike to Paris at the beginning of 2024. This was an opportunity to highlight one of the free and open-to-all hikes passing through the trails of Plaine Commune. Among these is a route created as part of the "24,000 STEPS for 2024" initiative, a walk exploring the cities of Saint-Ouen-sur-Seine, L'île-Saint-Denis, Saint-Denis, Stains, and Georges-Valbon Park.

Onward, Ride! In the City of Kings, the association Saint-Denis Rides was founded in 2020 by a group of friends who frequented the Saint-Denis skate park. Their goals? To promote the city of the Games as one of the hubs of urban riding, both in terms of dedicated infrastructure and as a territory where urban riding talents have emerged. Jonathan Jean-Philippe, a world-renowned skater, was born in Saint-Denis, where he took his first rides. Finally, the association offers introductory skateboarding sessions.

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WHO CAN TALK ABOUT IT ?