



## 5 CULTURAL VISIT IDEAS

### # HASHTAGS

breakdance, gastronomy, hip-hop, sculpture, sound journey, architecture, urban planning, commerce, contemporary history



### SYNOPSIS

#### Once Upon a Time an Island Sound Journey

A 45-minute walk to do anytime in the southern district of L'Île-Saint-Denis, right in the heart of the urban renovations of Grand Paris, with the destruction of the iconic Pagel towers, the construction of the athletes' village for the Olympic Games, and the establishment of the future Tony Parker Academy. One prerequisite, start the walk on your smartphone by streaming or downloading it from the site [lesvoixdici.fr](http://lesvoixdici.fr). The association "Les Voix d'Ici" brings together a team of passionate individuals with varied profiles: filmmakers, journalists, urban planners, photographers...

#### An Exhibition with Body at Saint-Denis

At the Paul Eluard Museum of Art and History in Saint-Denis, there are two exhibitions: "Games and Places" which immerses you in the heart of the large models of the Paris 2024 Games, and the exhibition "The Mechanics of Achievement - The Body Tested by Sport" which brings together works from the museum's permanent collections and contemporary art from the departmental fund to spark a reflection on the athlete's body, trained, measured, cared for... As an object of worship.

#### Saint-Denis, World Market

At the heart of the Saint-Denis market, the Bastina association offers regular tours to discover the gastronomic heritage of Saint-Denis with its multiple culinary influences. Salah, the Bastina guide, will take you through the stalls in the large Eiffel-type hall to meet some of the vendors holding one of the 350 stands on site. The largest public market in Île-de-France, managed by the City of Saint-Denis, is the heir to the medieval Lendit Fair, which attracted merchants from all over Europe.

#### If the Games Were Told in Stains

At the Louis-Aragon media library in Stains from July 5 to August 28, the exhibition "History, Sport, and Citizenship" invites you to delve into the modern history of the Games from those in Athens in 1896 to the Paris 2024 Olympic and Paralympic Games. Thirty editions of the Olympic Games and 15 of the Paralympics are opportunities to discover the life paths of athletes who have also marked contemporary history with their commitments.

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WHO CAN TALK ABOUT IT ?